

Nice+Easy Dance, 7.30pm 4th March 2023, Longtown Community Centre

R THE BORROWDALE EXCHANGE (R32) 3C circular set Haynes Carnforth2
1- 8 All circle 6H round and back
9-16 All advance and retire (into centre of circle) and dance DoSiDo with partner
17-24 All dance RH across, Lady with hand is underneath dances out under arch into prom hold with new partner followed by next Lady etc.
25-32 All Promenade with new partners anywhere round the room and hopefully meet with another 2 couples to start again

J THE JUBILEE JIG (J8x32) 3C (4C set) RSCDS Leaflet Dances 11
1- 8 1M casts to 2nd place (2M step up), sets to 3L, turns RH and dances back to 2nd place own side
9-16 1L casts to 2nd place (2L step up), sets to 3M, turns LH and dances back to 2nd place
17-24 1L with 2s and 1M with 3s dance RH across, 1s end in centre LH joined, 1s set in centre and dance out to 2nd place on opposite sides
25-32 1M with 2s and 1L with 3s dance RH across, 1s end in centre LH joined, 1s set in centre and dance out to 2nd place on own sides

S LADY LUCY RAMSAY (S8x32) 3C (4C set) MMM 2
1- 8 1s+2s+3s circle 6H round and back
9-16 1s+2s+3s dance Grand Chain
17-24 1s lead down the middle and back to places
25-32 1s+2s dance ½ R&L and turn 2H 1½ times to places

R MORE BEES A-DANCING (R8x32) 3C (4C set) Roy Goldring G and S Dances 2
1- 8 1s lead down for 4 steps (2s step up bars 3-4), set and lead back up to face Man's 2nd corner (2L) in prom hold
9-16 1s dance diagonal RSh reel of 3 with 2nd corners and end facing Lady's 1st corner (2M)
17-24 1s dance LSh reel of 3 with 1st corners and ending in the middle (Man on Men's side facing partner)
25-32 1s set in middle, petronella turn to 2nd place own sides and 2s+1s+3s turn RH (4 bars)

J KENDALL'S HORNPIPE (J8x32) 2C (4C set) Book of Graded SCDs
1- 8 1s+2s dance R&L
9-16 1s lead down for 3, up for 3, cross over and cast down to 2nd place
17-24 2s+1s dance Ladies' Chain
25-32 2s+1s advance and retire, 1s turn RH 1½ times

S SCOTTISH RAMBLE (S8x32) 3C (4C set) RSCDS Book 5
1- 8 1s cast down below 3s and lead up to top, cross and cast to 2nd place on opposite sides
9-16 1s circle 4H round to the left with 3s and dance full R&L with 2s (1 place to each bar) to face 1st corners
17-24 1s set to and turn 1st corner; set to and turn 2nd corner
25-32 1s dance 6 bar reels of 3 on sides with 2s and 3s (LSh to 1st corners) and cross to 2nd place own sides

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J **INCHMICKERY** (J5x32) 5C set Roy Goldring 14 Social Dances

1- 8 1s+2s circle 4H round to left, 1s dance in and cast to 3rd place

9-16 1s dance RH across (1L with 3s and 1M with 4s), pass RSh and dance LH across with other couple. 23145

17-24 1L+2M (at top) also 1M+5L (at bottom) turn RH, 1s pass RSh and 1L+5M (at bottom) also 1M+2L (at top) turn LH (1s end 3rd place own side)

25-32 1s dance in and cast to 5th place, 5s+1s circle 4H round to right. 23451

R **THE DEIL AMANG THE TAILORS** (R8x32) 3C (4C set) RSCDS Book 14

1- 8 1s+2s set and dance RH across $\frac{1}{2}$ way, set and dance LH across $\frac{1}{2}$ way back to place

9-16 1s lead down the middle and back to top

17-24 1s+2s dance Allemande

25-32 2s+1s+3s circle 6H round and back. 213

buffet interval

R **CATCH THE WIND** (R8x32) 3C (4C set) Romaine Butterfield RSCDS Book 45

1- 8 1s set, cast 1 place and dance $\frac{1}{2}$ Fig of 8 round 2s

9-16 1s set twice with 1L pulling back RSh on bars 11-12 to face out, 1L followed by partner casts up and dances down the middle 1L to face 3M while 1M faces 2M

17-24 1s RSh reels of 3 across (1M with 2s and 1L with 3s)

25-32 1L followed by partner dances down cast up round 3M and crosses to end in 2nd place on own sides, 1s turn RH (4 bars)

J **LINTON PLOUGHMAN** (J8x32) 2C (4C set) RSCDS Book 5

1- 8 1s+2s circle 4H round and back

9-16 1s+2s dance RH across and LH across

17-24 1s lead down the middle and back to top

25-32 1s+2s dance Poussette. 2 1

S **MISS GIBSON'S STRATHSPEY** (S8x32) 3C (4C set) Haynes RSCDS Leaflet Dances 18

1- 8 1s+2s set, turn partners 2H opening out into 4H round

9-16 1s+2s dance the Knot, 1s turn LH to end facing 1st corners

17-24 1s turn 1st corners RH, partner LH, 2nd corners RH and partner $\frac{3}{4}$ LH finishing in middle facing opposite sides ready for..

25-32 1s dance RH across, (1M with 3s and 1L with 2s), pass partner RSh and dance LH across with other couple, 1s end in 2nd place. 213

J **ST ANDREW'S FAIR** (J8x32) 3C (4C set) Roy Goldring RSCDS 5/82

1- 8 1s cross RH, cast 2 places, cross LH below 3s and cast up to 2nd place own sides

9-16 2s+1s+3s $\frac{1}{2}$ turn RH retain hands and all set (M face down and L up) 2L leads Ladies across and down own side while 3M leads Men across and up

17-24 3s+1s+2s circle 6H round and back

25-32 3s+1s+2s $\frac{1}{2}$ turn LH retain hands and all set (M face up and L down) 2L leads Ladies across and up own side while 3M leads Men across and down. 213

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R **THE BARMKIN** (R88) Sq.Set Roy Goldring 24 G and S Dances

1- 8 1s+3s turn partners RH and Men followed by Ladies chase clockwise ½ way round set

9-16 1s+3s dance RH across in centre and LH back to "new" places

17-32 2s+4s repeat bars 1-16

33-40 1s+3s turn partners LH and Ladies followed by Men chase anticlockwise ½ way round set

41-48 1s+3s dance R&L

49-64 2s+4s repeat bars 33-48

65-72 All dance into centre and return with corners, Ladies dance round corners passing in front to begin and back to place

73-80 All with corners dance into centre and return with partners, Men dance round partners passing in front to begin and back to place

81-88 All circle 8H round and back

S **BALMORAL STRATHSPEY** (S4x32) 4C set John A Charles RSCDS Book 22

1- 8 1s+2s and 3s+4s dance R&L

9-16 1s+2s and 3s+4s set and dance RH across ½ way, set and cross RH to own sides. 2143

17-24 All dance reel of 4 on own sides, 2s end in 1st place on sides, Bar 24 1s+4s+3s all dance into centre towards partner ready for...

25-32 1s+4s+3s (bottom 3 couples) dance Allemande (2s in top place stand) 2341

J **GRANVILLE MARKET** (J8x32) 3C (4C set) Elinor M Vandegrift 2nd Graded Book

1- 8 1s+2s dance RH across and LH back

9-16 1s cross RH and cast 1 place. 1s dance ½ Fig of 8 round 2s and end facing 1st corners

17-24 1s turn corners RH and pass RSh to face 2nd corners, 1s turn 2nd corners RH and pass RSh to end 2nd place own sides

25-32 2S+1s+3s circle 6H round and back

R **THE HIGHLAND RAMBLER** (R8x40) 3C (4C set) Roy Goldring Leeds Silver Jubilee

1- 8 1s dance in and cast to 2nd place, dance RH across with 3s

9-16 2s+1s dance LH across, 1L followed by partner cast up round 2L and dance down middle to 1L between 3s and 1M between 2s

17-24 1s+2s+3s dance down the middle and back

25-32 1M followed by partner dance up, cast down round 2L to 2nd places on own side and turn RH

33-40 2s+1s+3s circle 6H round and back