

MOFFAT 13th AUGUST 2026

THE BORROWDALE EXCHANGE (R32)

3C circular set Round The Room

Derek Haynes Carnforth Collection 2

Round the room in 3 Couple Circles

1- 8 All circle 6H round and back

9-16 All advance and retire (into centre of circle) and dance DoSiDo with partner

17-24 All dance RH across, Lady with hand is underneath dances out under arch into prom hold with new partner followed by next Lady etc.

25-32 All Promenade with new partners anywhere round the room and hopefully meet with another 2 couples to start again

MISS HADDEN'S REEL (J8x32) 3C (4C set) RSCDS Book 23

1- 8 1s+2s+3s circle 6H round and back

9-16 1s set and cast (2s step up); 2s+1s+3s all turn RH to end in Allemande hold ready for...

17-24 2s+1s+3s dance Allemande

25-32 3s+1s+2s advance and retire for 2 steps; 3s cast to 3rd place while 1s+2s dance up, 1s casting to 2nd place. 213

2nd turn bars 29-32: 3s cast to bottom and dance up to 3rd place, original 1s cast to bottom, 2s dance up to place

THE MINISTER ON THE LOCH (S3x32) 3C set Roy Goldring 24 G and S Dances

1- 8 1s+2s dance Diamond Poussette

9-16 1s dance down for 2 steps, turn 2H, dance up to top and turn 2H remaining in centre facing up

17-24 1s+3s dance double Fig of 8 round 2s with 1s casting to start

25-32 1M+2M turn LH 1½ times while 1L+2L turn RH 1½ times, 1M+3M turn RH 1½ times while 1L+3L turn LH 1½ times

THE TRI-MARINER (R8x32) 3C (4C set) Ann Dix Reel Friends 2

1- 8 1s set, cast 2 places and lead up to top while 2s (bar 3) set, cast 1 place and lead up to 2nd place while 3s (bar 5) set, cast into middle

9-16 1s+2s+3s Promenade and end with 1s casting to 2nd place

17-24 1s cross down, cast up behind 3s, cross up and cast to 2nd place

25-32 All petronella turn into middle, set and turn partner RH 1¼ times

FREDA'S FROLIC (J4x32) Sq.Set Sheila Trafford Newcastle 70th Anniversary

1- 8 1s dance down between 3s, separate and cast up, dance out between side couples back to place

9-16 1s+3s take prom hold to dance "Inveran Reels":

9-12 1s dance ½ LSh reel of 3 with 4s (LSh to 4L) while 3s dance ½ LSh reel of 3 with 2s (LSh to 2L)

13-16 1s dance ½ LSh reel of 3 with 2s (LSh to 2M) while 3s dance ½ LSh reel of 3 with 4s (LSh to 4M). All end in original place

17-24 All dance Interlocking R&L, all changing places RH up/down to start

25-32 All set to partner, ¾ turn RH into prom hold facing clockwise (Ladies on inside), promenade 1 place round and set facing in. 4123

CITY OF BELFAST (S3x32) 3C set Lucy Mulholland Belfast Diamond Jubilee Book and RSCDS Book 48

1- 8 1s dance ½ Fig of 8 round 2s, 1L+2M turn RH 1¼ times while 1M+2L turn LH 1¼ times and 1s end BtoB facing opposite sides

9-16 1s+2s dance reel of 4 across in 2nd place. 2s end in 1st places while 1s pass LSh to face 1st corners

17-24 1s set to 1st corner and 2nd corner ending (turning to right) between corners, all set and 1s cross RH

25-32 1s+3s dance Espagnole

THE REEL OF THE ROYAL SCOTS (R8x32)
3C (4C set) Roy Goldring RSCDS Leaflet
Dances 27

1- 4 1s ½ turn 2s on sides (1M RH - 1L LH) to 1s in centre BtoB facing out, 2s+1s+3s set
5- 8 1s ½ turn 3s on sides (1M LH - 1L RH) to 3s in centre BtoB facing out and 2s+3s+1s set
9-16 1s followed by 3s dance up between 2s, cast down 1 place; 1s dance down between 3s and cast up to 2nd place, 3s loop into 3rd place
17-24 1s turn 1st corners RH, pass partner RSh turn 2nd corners RH and cross passing partner RSh to 2nd place own sides
25-32 2s+1s+3s circle 6H round and back

MRS STEWART'S JIG (J8x32) 3C (4C set)
Frans Ligtmans RSCDS Book 35

1- 8 1s set, 1L followed by partner casts 2 places, 1L crosses (below 3s) and casts up on Men's side to 2nd place facing down while 1M dances round 3L and up the middle to 2nd place Ladies' side facing down
9-16 2s+1s+3s dance Grand Chain, end with 2M and 1M facing out
17-24 2s+1s dance Ladies' Chain
25-32 2s+1s+3s advance and retire; 1s turn 1½ RH to own sides. 213

THE ORCHARDS OF CO. ARMAGH (S3x32)
3C set Jinty Anderson Belfast Platinum Anniversary and RSCDS book 53

1- 8 1M leading 2M+3M also 3L leading 2L+1L chase clockwise ½ round to opposite sides (4 bars). All set, 1s+3s turn partners ¾ RH into line up/down (Men facing down)
9-12 3s+1s dance ½ reel of 4. Bar 12: 1M+3L pass LSH to face 2s (1M+2M and 3L+2L facing), 1L+3M remain in centre at top/bottom
13-16 1M+3L+2s dance ½ reel of 4 across.
Bar 16: 1M and 3L pass LSh to face partners up/down set
17-24 1s+3s dance ½ reel of 4, 1M+3L pass LSh to face own partners. 3s+1s set, Petronella turn to own sides. 321
25-32 2s followed by 1s dance up to top, cast, 2s to 3rd place, 1s to 2nd place (4 bars).
3s+1s+2s turn partners 2H

SCOTT MEIKLE (R4x32) 4C set Alice McLean
Laurieston Collection 1 and RSCDS Book 46

1- 8 1s cross RH and cast to 2nd place, 1s dance ½ Fig of 8 round 2s
9-16 1s+3s dance RH across, LH back
17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (LSh to 2M) and 1s end 3rd place while 3M followed by 1M dance reel of 3 with 4s (LSh to 4L) and 3s end in 2nd place. 2314
25-32 1s+4s dance ½ R&L, turn partners RH 1½ times. 2341

POLHARROW BURN (R5x32) 5C set Hugh
Foss 1967 Glendarroch SD Sheets

1- 8 1s and 3s cross RH, cast 1 place (2s and 4s step up) and dance ½ Fig of 8 round couple above them
9-16 1s and 3s turn RH then turn LH (long turns) to face 1st corners while 2s and 5s change places RH and chase clockwise to other end of set
17-24 1s and 3s dance ½ diagonal reels of 4 with 1st corners, pass partner LSh, dance ½ diagonal reels of 4 with 2nd corners
25-32 1s and 3s dance ½ diagonal reels of 4 with 3rd corner, turn partner LH and cast down 1 place own sides. 24153

MISS JOHNSTONE OF ARDROSSAN (R5x32) 5C set Roy Goldring 14
Social Dances

1- 8 1s set and cast 1 place, 1s followed by 3s dance up and cast - 1s to 3rd place and 3s to 2nd place
9-16 1s cross down and dance reflection reels of 3 with 4s+5s on opposite sides - 1s end in 3rd place opposite sides
17-24 1s cross up and dance reflection reels of 3 on own sides with 2s+3s - 1s ending in 3rd place own sides
25-32 1s set and cast down 1 place, 1s followed by 5s dance up between 4s and cast - 1s to 5th place and 5s to 4th place. 23451